

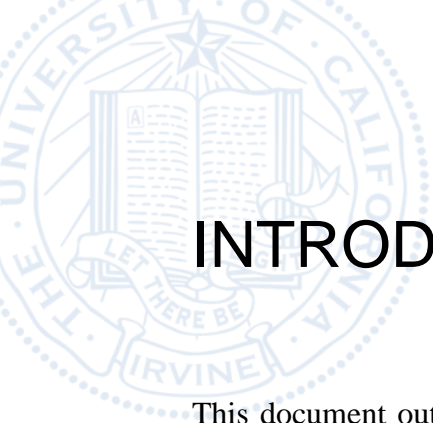


Elective Catalog

Internal Medicine Residency
University of California, Irvine Medical Center



Updated January 2024



INTRODUCTION

This document outlines the various elective and research opportunities available to interns and residents.

For categorical interns/residents, per the 3+1 block scheduling, elective rotations occur every 3rd block, in between inpatient rotations; each resident will have 4-5 elective blocks over the course of the year.

For preliminary interns, per the 3+1 or other x+y block scheduling, elective rotations are spaced between inpatient rotations and scheduled for 1-2 weeks or more. Interns may repeat rotations **with approval**.

Elective descriptions are listed below, with brief descriptions. Certain restrictions may apply, as noted under elective descriptions, including:

Requires Special Arrangement: These rotations have limited availability due to faculty, space, or time constraints. Therefore, *it is the responsibility of the residents* to confirm availability and to set up individual schedules in advance (unless otherwise notified by the scheduling chief). A separate email detailing further instructions and department contact information will be provided at the start of the academic year.

Requires Non-Core Elective Application: Rotation requires completion of Non-Core Elective Application (https://www.medicine.uci.edu/residency/noncore_elective.asp), with identification of rotation goals and mentor. Application must be submitted online **at least 8 weeks** prior to rotation start.

Requires Research Elective Application: Rotation requires completion of Research Elective Application (https://www.medicine.uci.edu/residency/research_elective.asp), with outline of project description and mentor. Application must be submitted online **at least 8 weeks** prior to rotation start.

If you have any questions regarding electives, please contact the scheduling chief resident or the program director.



ALLERGY & IMMUNOLOGY

Allergy/Immunology Clinic/Consults

SITES: UCI

Requires Special Arrangement

Rotate through Allergy & Immunology clinics at the main UCI Medical Center, in Orange, and the Gottschalk Medical Plaza, in Irvine. Participate in consultation to inpatient services at the Medical Center.

Allergy/Immunology Clinic

SITES: LBVA

Requires Special Arrangement

Rotate through the Allergy & Immunology clinic at the Long Beach VA Medical Center.

CARDIOLOGY

General Cardiology Consults

SITES: UCI, LBVA

Participate in inpatient service providing consultation on broad range of cardiac issues. Will also have opportunity to rotate through outpatient Cardiology clinics at desired site, if interested.

Advanced Heart Failure

SITES: UCI

Participate in inpatient care of heart failure patients with heart failure NPs and cardiology fellows and attend heart failure clinic each week.

ENDOCRINOLOGY

Endocrinology Consults

SITES: UCI

Participate in both inpatient consultation and outpatient experiences in Endocrinology clinics.

GASTROENTEROLOGY

Gastroenterology Consults

SITES: UCI, LBVA, LBM

Rotate through inpatient consult service and outpatient Gastroenterology clinics at respective site. Can tailor experiences to areas of specific interest, e.g. general gastroenterology, hepatology, inflammatory bowel disease, interventional endoscopy.



GENERAL INTERNAL & HOSPITAL MEDICINE

General Internal Medicine Clinic

SITES: UCI

Requires Special Arrangement

Work with GIM faculty to see patients for general and urgent visits and post-hospital appointments in busy, outpatient academic Internal Medicine practice.

Geriatrics

SITES: UCI, LBVA

Requires Special Arrangement

Rotate through various outpatient and home-based experiences involving geriatric patients. Includes opportunities at the LBVA Geriatrics clinic or UCI Pavilion 4 Geriatrics clinic, CLC and/or community nursing homes visits, Forensics Center, APS Home Visits, etc.

Hospitalist Medicine (Academic)

SITES: UCI

Provide inpatient consultation to non-Medicine departments, including surgical, obstetric and psychiatric services. This elective is in addition to required Medicine Consult (Team H) rotation.

Hospitalist Medicine (Private Practice)

SITES: LBM

Requires Special Arrangement

Work one-on-one with private practice hospitalists managing patients in busy inpatient environment. This elective is in addition to required Medicine Consult (Team H) rotation. **Rotation is restricted to senior residents (PGY2, 3).**

Preoperative Medicine

SITES: UCI

Requires Special Arrangement

Rotate through outpatient Preoperative Medicine clinic and gain additional exposure to evaluation of patients undergoing surgical procedures.

HEMATOLOGY & ONCOLOGY

Hematology/Oncology Consults

SITES: UCI, LBVA

Participate in inpatient consultation for a variety of hematologic and oncologic disorders. At LBVA, residents will also rotate through outpatient Hematology/Oncology clinics and the Infusion Center. Didactics, including pathology review, will be led by attending faculty.

Hematology/Oncology Clinics

SITES: UCI

Requires Special Arrangement

Work with attendings in benign hematology and/or oncology clinics. Experiences can be tailored to specific interests if desired



Non-Malignant Hematology Clinic

SITES: UCI

Requires Special Arrangement

Learn the bread and butter of non-malignant hematology such as sickle cell, thalassemias, approach to cytopenias, etc.

Inpatient Oncology (Team L)

SITES: UCI

Rotate through inpatient Hematology/Oncology service focusing on the care of patients with leukemia and lymphoma. Rotation offers opportunity to improve procedural skills, including performing bone marrow biopsies, under direct supervision.

Private Practice Hematology/Oncology

SITES: LBM

Requires Special Arrangement

Work closely with Hematology/Oncology faculty at LBMMC in evaluating patients in the outpatient and inpatient setting. This elective is in addition to the required PGY2 rotation.

INFECTIOUS DISEASES

Infectious Diseases Consults

SITES: UCI, LBVA

Provide inpatient consultation to medical and non-medical services on a wide array of topics within Infectious Diseases. Will also rotate through outpatient clinics, including General ID and HIV clinics.

NEPHROLOGY

Nephrology Consults

SITES: UCI, LBVA

Rotate through inpatient consult services and outpatient Nephrology clinic at respective sites.

Private Practice Nephrology

SITES: LBM

Requires Special Arrangement

Work with private practice nephrologists in inpatient and outpatient settings, including at the dialysis center.



PALLIATIVE & HOSPICE MEDICINE

Inpatient Palliative Care

SITES: UCI, LBM

Requires Special Arrangement at LBM

Rotation provides opportunity to consult on inpatient medicine and non-medicine services. Residents will have the opportunity to learn about pain management (types, routes, dosing, etc.), how to lead family meetings and have difficult conversations, transitions to end of life care/hospice. This elective is in addition to the required categorical PGY1 rotation at UCI.

Outpatient Palliative Care

SITES: UCI

Requires Special Arrangement

Rotation provides opportunity to gain exposure to palliative and hospice medicine in ambulatory setting. Provide care to a broad range of patients, including those with cancer, end-organ disease, degenerative neurologic conditions, and pain syndromes. Clinical encounters including ambulatory clinic appointments, goals of care discussions, home hospice visits (through VITAS hospice), and visits to long term care facilities.

Palliative Care

SITES: LBVA

Requires Special Arrangement

Rotate in the Long Beach VA Palliative Care clinic with in-person and telemedicine visits, as well as with the inpatient consult team.

PULMONARY & CRITICAL CARE

Medical Intensive Care Unit (MICU)

SITES: UCI, LBVA, LBM

Available to residents interested in gaining additional experience in the ICU

Cannot replace any required MICU rotations, cannot exceed ACGME critical care caps over the course of residency

Pulmonary Consults

SITES: UCI, LBVA

Rotate through inpatient consult service and outpatient Pulmonary Medicine clinics. Opportunities to perform procedures, including thoracenteses, under direct supervision.

Private Practice Pulmonology

SITES: LBM

Requires Special Arrangement

Work with private practice pulmonologists in the inpatient or outpatient setting, seeing ICU patients, pulmonary consult patients, or spending time in the LBM Pulmonary clinics. Opportunities to perform procedures, including thoracenteses and lines, under direct supervision.



RHEUMATOLOGY

Rheumatology Consults

SITES: UCI & LBVA

Rotate through inpatient consult service and outpatient Rheumatology clinics. Clinical responsibilities may occur at both UCI and LBVA.

OTHER

Medical Directorship

SITES: UCI, LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Gain exposure to the various administrative roles and responsibilities involved in serving in hospital leadership. Residents must identify mentor based on area of interest, e.g. hospital management, graduate medical education, etc. and obtain approval

Procedures

SITES: LBM

Rotation offers opportunity to gain additional experience and proficiency with common Internal Medicine procedures. These include pulmonary (thoracentesis, bronchoscopy), GI (abdominal paracentesis, opportunity to observe EGDs/colonoscopies), and lines (central, arterial). May also involve LPs or other procedures, depending on availability. All procedures are supervised by fellows/attendings. Residents will be provided with details of location/contact person, and will be responsible for confirming weekly schedules.

Research

SITES: UCI, LBVA, LBM

Requires Special Arrangement

Requires Research Elective Application

Research electives are available to residents interested in pursuing basic science, clinical, or translation research projects. Research electives require completion of an application that specifies the rationale and plan for the proposed rotation prior to the start of the rotation. All residents scheduled for a research elective must submit the application at least 8 weeks prior to the start of the rotation to receive credit. Applications can be found at https://www.medicine.uci.edu/residency/research_elective.asp

All residents who complete a research rotation will be required to submit an abstract and present at the annual Department of Medicine Resident Research Day in May.

Ultrasound

SITES: UCI

Work with Internal Medicine faculty to improve point-of-care ultrasound skills, including cardiac, lung and abdominal ultrasound. Rotation is limited in availability each year



NON-MEDICINE ELECTIVES

COMPLEMENTARY MEDICINE

Acupuncture Medicine

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Opportunity to work in the Acupuncture clinics at LBVA, learning and performing acupuncture under direct supervision

DERMATOLOGY

Outpatient Dermatology

SITES: UCI, LBVA

Requires Special Arrangement at UCI

Rotate through Dermatology clinics, learning about general and cosmetic dermatology, Moh's surgery, and other office-based dermatologic procedures.

EMERGENCY MEDICINE

Emergency Medicine

SITES: LBVA

Rotate through Emergency Department at Long Beach VA Medical Center. This elective is in addition to required categorical PGY-1 rotation.

NEUROLOGY

Neurosciences Intensive Care Unit (Neuro-ICU)

SITES: UCI

Requires Special Arrangement

Requires Non-Core Elective Application

Work with Neuro-intensivist faculty in Neuro-ICU at UCI. Gain exposure in managing acute strokes, intracranial bleeds and neurosurgical patients.

Neurology Consults

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Rotate through inpatient consult service and outpatient Neurology clinics at LBVA. Can tailor experience to areas of interest, e.g. stroke, epilepsy, movement disorders, etc.



OPHTHALMOLOGY

Ophthalmology Consults

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Rotate through inpatient consult service and/or outpatient Ophthalmology clinics at LBVA.

OTOLARYNGOLOGY

Otolaryngology Consults

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Rotate through inpatient consult service and/or outpatient Otolaryngology clinics at LBVA.

PATHOLOGY

General Pathology

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Rotate through anatomic and clinical pathology laboratories at LBVA. Will work closely with Pathology faculty and residents, including opportunity to observe and participate in medical autopsies.

Hematopathology and Transfusion Medicine

SITES: UCI

Requires Special Arrangement

Requires Non-Core Elective Application

Will work closely with Hematopathology faculty, rotate through laboratory at UCI. Will also provide inpatient consultation on patients with bleeding and coagulation disorders, transfusion reactions.

PHYSICAL MEDICINE & REHABILITATION

Physical Medicine & Rehabilitation Clinics/Sports Medicine

SITES: LBVA, LBM

Requires Special Arrangement

Rotate through Physical Medicine clinics, Acute Rehabilitation Unit and physical and occupational therapy center at LBVA. At LBM, this rotation is renamed Sports Medicine

PSYCHIATRY

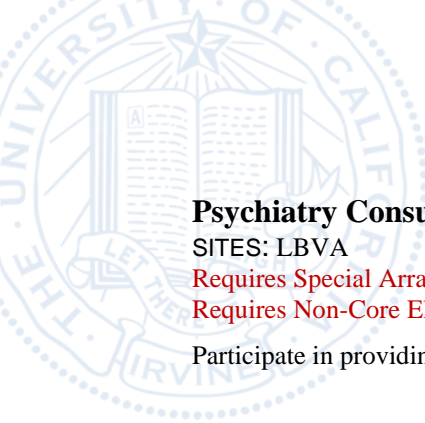
Addiction Medicine Clinics

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Rotate through Addiction Medicine clinics and inpatient psychiatric units at LBVA. Objective to help residents better understand and treat people who suffer from addiction and provide the fundamental tools for working with patients suffering from substance abuse in the hospital, clinic and community.



Psychiatry Consult/Liaison

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Participate in providing inpatient psychiatric consultation to medical and non-medical services.

RADIOLOGY

Radiology

SITES: LBVA

Rotate through Radiology Department at Long Beach VA. Can tailor rotation to areas of specific interest, including Body Imaging, Ultrasound, Neuroradiology, etc.

Radiation Oncology

SITES: LBVA

Requires Special Arrangement

Requires Non-Core Elective Application

Rotate through outpatient Radiation Oncology clinics at LBVA. Will also provide consultation for patients requiring inpatient radiation therapy.