

## **Stanley Bassin, EdD**

Stan is currently Clinical Professor in College of Medicine (Preventive Cardiology), having been called back from retirement to be Director of the Life Style Physical Activity Program for the Preventive Cardiology Clinic, Professor emeritus in the Department of Kinesiology and Health Promotion at California State University, Pomona.

The NIH and California funded research his team research projects focused on school age children and their families to improve their health status by reducing their risk factors for cardiovascular disease, diabetes and building bone tissue through physical activity. He has worked in several international research efforts in Europe, New Zealand and Mexico to reduce obesity related diseases by linking school, and business communities. Recently returned from Iceland(vacation) and Ireland (Work and Vacation)

Stan has contributed three significant chapters on physical activity and Hispanic Cardiovascular disease to a highly acclaimed book Preventive Cardiology that is in its second edition. He lectures to physicians on obesity related diseases and the effectiveness of lifestyle programs in the 21<sup>st</sup> Century.

Stan is an unhurried jogger and cyclist for 49 years, light weight lifter for 30 years, has two accomplished daughters and son-in-laws, four remarkable grandchildren, and enjoys a good bottle of wine, single malt scotch or recently acquired taste for Irish Whiskey with his wife anytime.