Handout 2b - Identify barriers and Issues in the Coached Care visit:

REMEMBER: The point is that the patient’s A1c has been too high. You are going to help the patient work with the doctor to get his or her diabetes under control.

1. Does patient understand A1c? Does the patient regularly test his or her blood? Does the patient feel like he or she has a plan (s) he is working on with the doctor?

   Yes

   2. Is the patient taking all of his/her medication without problems? Does patient understand what all the medications are for and how to take them?

   Yes

   3. Cholesterol: Is the patient’s cholesterol under control? Does patient understand the lab results of cholesterol and what they mean?

   Yes

   4. Blood pressure: Is the patient’s blood pressure under control? Does patient understand what causes high blood pressure?

   Yes

   5. Eye and Foot Exam: Has the patient had an annual eye exam and foot exam

   Yes

   6. Diet and Exercise: Does the patient exercise regularly? Does patient follow a diet?

   Yes

   7. Prevention issues: Flu shot, and other health issues

   No