

CONFERENCE OVERVIEW

- Inflammatory bowel disease (IBD) affects more than 1 million Americans, significantly impacting the health and lifestyle of patients and their families.
- This half-day conference is designed to educate the IBD patient community about new developments in treatment, surgical techniques, complementary and alternative therapies, research and psychosocial issues.
- The science and treatment of IBD continues to evolve rapidly, and it is important for patients and caregivers to be aware of advances that can improve quality of life.
- UC Irvine Healthcare's H.H. Chao Comprehensive Digestive Disease Center is pleased to present a distinguished panel of local experts to provide information for patients and family members.

ABOUT THE INFLAMMATORY BOWEL DISEASE PROGRAM AT UC IRVINE HEALTHCARE

The IBD Program is one of the services of the H.H. Chao Comprehensive Digestive Disease Center at UC Irvine Medical Center. Patients with Crohn's disease or ulcerative colitis benefit from the IBD Program's integrated treatment team approach that includes gastroenterologists, surgeons, radiologists, pathologists, internists and psychiatrists. Support groups and education programs are provided for patients and families coping with IBD.

For more information, go to:

www.ucihealth.com/CDDC or call 888.717.GIMD.

趙 H.H. CHAO
COMPREHENSIVE DIGESTIVE DISEASE CENTER
UNIVERSITY of CALIFORNIA, IRVINE • HEALTHCARE

101 The City Drive South, Bldg. 56, Room 234B
Orange, CA 92868

 CROHN'S & COLITIS
FOUNDATION OF AMERICA
Greater Los Angeles/Orange County Chapter

INFLAMMATORY BOWEL DISEASE: THE INSIDE DISH

5TH ANNUAL UC IRVINE HEALTHCARE PATIENT EDUCATION CONFERENCE

SATURDAY, OCTOBER 22, 2011

REGISTRATION \$10 | UNIVERSITY CALIFORNIA, IRVINE | Arnold & Mabel Beckman Center | 8:30 AM - 1:00 PM

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in association with CROHN'S & COLITIS FOUNDATION OF AMERICA
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FACULTY



COURSE DIRECTOR

Nimisha K. Parekh, MD, MPH

Director, Inflammatory Bowel Disease Program
H.H. Chao Comprehensive Digestive Disease Center
UC Irvine Healthcare



C. Gregory Albers, MD

Medical Director, GI Diagnostic Services
H.H. Chao Comprehensive Digestive
Disease Center
UC Irvine Healthcare



Kathleen Albertson, L. Ac.

Licensed Acupuncturist/Herbalist
PhD, Holistic Nutrition



Joseph Carmichael, MD

Colon and Rectal Surgeon
H.H. Chao Comprehensive Digestive
Disease Center
UC Irvine Healthcare



Ronni Epstein

Regional Director of Development
Crohn's and Colitis Foundation
of America



Dariella Gaete, MS, RD

Registered Dietitian



John Hobson

Founder/CEO
910 Technology



Kristin McMaster, MSW

Clinical Social Worker
UC Irvine Healthcare



Jocelyne Miller, MD

Gastroenterologist
Kaiser Permanente



Steven D. Mills, MD, Chief

Division of Colon & Rectal Surgery
University of California, Irvine School
of Medicine
UC Irvine Healthcare



William Sanborn, MD

Chief, Division of Gastroenterology
Director, UCSD IBD Center
UC San Diego

AGENDA: The Inside Dish

SESSION A:

Begins at 8:30 a.m.

Registration, Exhibits, Refreshments

Welcome & Introductions

Nimisha K. Parekh, MD, MPH

Welcome from CCFA

Ronni Epstein

Unwrapped – IBD 101

Jocelyne Miller, MD

Medication Fix – Overview of Medical Treatments

Nimisha K. Parekh, MD, MPH

Good Eats – Nutrition in IBD

Dariella Gaete, MS, RD

Take Your Pick -- Types of Surgery in IBD

Steven D. Mills, MD

Panel for Questions & Answers

C. Gregory Albers, MD
Dariella Gaete, MS, RD
Jocelyne Miller, MD
Steven D. Mills, MD

BREAK

SESSION B:

Begins at 11:00 a.m.

Appetizing Apps – Technology for Healthcare

John Hobson

Recipes for Success – Preparing a Patient & Family for Surgery

Joseph Carmichael, MD

Tough Cookies – How to Cope with IBD

Kristin McMaster, MSW

Side Dish – Acupuncture in IBD

Kathleen Albertson, L. Ac.

The Next Star – Emerging Therapies in IBD

William Sanborn, MD

Final Questions

Nimisha K. Parekh, MD, MPH

ADJOURN

REGISTRATION

COST

There is a \$10 registration fee, which includes parking, light breakfast and refreshments.

ONLINE REGISTRATION: www.ccfa.org/chapters/losangeles **OR PLEASE MAIL OR FAX COMPLETED REGISTRATION FORM TO:** CCFA Greater Los Angeles/Orange County Chapter
1640 S. Sepulveda Blvd., Suite 214, Los Angeles, CA 90025

NAME (First, Middle, Last)		
ADDRESS		
CITY	STATE	ZIP
EMAIL	TELEPHONE	FAX

CREDIT CARD (select one): <input type="radio"/> MC <input type="radio"/> Visa <input type="radio"/> AmEx <input type="radio"/> Discover	ACCOUNT NUMBER	EXP. DATE
	3-DIGIT SECURITY CODE	
SIGNATURE		DATE

Make checks payable to CCFA Greater Los Angeles/Orange County Chapter
For questions, please call 310.478.4500 FAX: 310.478.4546

LOCATION

Arnold & Mabel Beckman Center of the National Academies of Sciences & Engineering, UC Irvine Campus | 100 Academy Way, Irvine, CA 92617

FROM NORTH ORANGE COUNTY AREA

- Follow Interstate 405 South to Highway 73 South/SJH Toll Road (no toll collected to this point).
- Take Highway 73 approximately 2 miles and EXIT at University Drive.
- Turn LEFT on University Drive and continue to California Avenue.
- Turn RIGHT on California Avenue, then RIGHT at the first street, Academy. The center's address is 100 Academy Drive.

FROM THE SAN DIEGO AREA

- Follow Interstate 5 North to Interstate 405 North.
- Take the Jeffrey/University Drive off-ramp and turn LEFT.
- Continue on University Drive approximately 3 miles to California Avenue.
- Turn LEFT on California Avenue, then RIGHT at the first street, Academy. The center's address is 100 Academy Drive.

FROM THE RIVERSIDE AREA

- Take the 91 Freeway West to the 55 Freeway South to Interstate 405 South.
- EXIT at Jamboree Road West, toward the coast.
- Continue on Jamboree Road to Campus Drive.
- Turn LEFT at Campus Drive.
- Turn RIGHT on University Drive.
- At the second signal, California Avenue, turn LEFT.
- Turn RIGHT at the first street, Academy. The center's address is 100 Academy Drive.