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This half-day conference is designed to educate the IBD patient community about new developments in treatment, surgical techniques, complementary and alternative therapies, research and psychosocial issues.

The science and treatment of IBD continues to evolve rapidly, and it is important for patients and caregivers to be aware of advances that can improve quality of life.

UC Irvine Healthcare’s H.H. Chao Comprehensive Digestive Disease Center is pleased to present a distinguished panel of local experts to provide information for patients and family members.

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About the Inflammatory Bowel Disease Program at UC Irvine Healthcare

The IBD Program is one of the services of the H.H. Chao Comprehensive Digestive Disease Center at UC Irvine Medical Center. Patients with Crohn’s disease or ulcerative colitis benefit from the IBD Program’s integrated treatment team approach that includes gastroenterologists, surgeons, radiologists, pathologists, internists and psychiatrists. Support groups and education programs are provided for patients and families coping with IBD.

For more information, go to: www.ucihealth.com/CDDC or call 888.717.GIMD.
AGENDA: The Inside Dish

SESSION A:
Begins at 8:30 a.m.

Registration, Exhibits, Refreshments
Welcome & Introductions
Nimisha K. Parekh, MD, MPH
Welcome from CCFA
Ronni Epstein
Unwrapped – IBD 101
Jocelyne Miller, MD
Medication Fix – Overview of Medical Treatments
Nimisha K. Parekh, MD, MPH
Good Eats – Nutrition in IBD
Dariella Gaete, MS, RD
Take Your Pick -- Types of Surgery in IBD
Steven D. Mills, MD
Panel for Questions & Answers
C. Gregory Albers, MD
Dariella Gaete, MS, RD
Jocelyne Miller, MD
Steven D. Mills, MD

BREAK

SESSION B:
Begins at 11:00 a.m.

Appetizing Apps – Technology for Healthcare
John Hobson
Recipes for Success – Preparing a Patient & Family for Surgery
Joseph Carmichael, MD
Tough Cookies – How to Cope with IBD
Kristin McMaster, MSW
Side Dish – Acupuncture in IBD
Kathleen Albertson, L. Ac.
The Next Star – Emerging Therapies in IBD
William Sanborn, MD
Final Questions
Nimisha K. Parekh, MD, MPH

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